

Banana Egg Cake



Ingredients:

- 2 Medium-sized eggs
- 1 Banana (mashed)
- 1 tbsp. of CERELAC Wheat & Milk

How to prepare:

1. In a mixing bowl, beat the egg slightly.
2. Ilagay ang mashed banana at haluin.
3. Stir until slightly lumpy.
4. Ilagay ang batter sa preheated, slightly greased pan.
5. Cook until bubbly. Turn to cook the other side.
6. Sprinkle 1 tbsp. of CERELAC Wheat & Milk on top! Pwede rin maglagay ng fruits on top as your baby's finger food.

*Sources: ¹Food and Nutrition Research Institute–Department of Science and Technology. Food Exchange Lists for Meal Planning. FNRI Publication No. 57-ND8(3). 2012 ²Food and Nutrition Research Institute. (1997). The Philippine food composition tables 1997. Manila: Department of Science and Technology, Food and Nutrition Research Institute.



Recipe brought to us by:

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